



## **Wish List**

Thank you for supporting America's Second Harvest of the Big Bend in the fight against hunger in our community. Your generous food donations will help us feed the thousands of men, women and children who turn to us in their time of need.

We accept almost all food and grocery donations. However, due to the duration of most food drives, we cannot accept fresh, frozen or perishable items or home made canned products. We also prefer to avoid food packaged in glass containers as this can present a safety hazard during packaging and transport.

The following items are always needed and appreciated:

### **Canned Goods:**

Lean meats (chicken, tuna), vegetables, fruits, hearty soups, beans

### **Dried Goods:**

Beans, rice, pasta, instant potatoes, stuffing, breakfast items (whole grain cereals, nutritious granola bars, grits, pancake mix), macaroni & cheese, skillet meals (i.e. tuna helper, chicken helper)

### **Other:**

Peanut butter and jelly, spaghetti sauce, syrup, 100% fruit juice

### **Non Food Items:**

Deodorant, toothpaste, toothbrushes, hair brushes, diapers