



Fighting Hunger Feeding Hope

FOOD FOR OUR COASTAL FRIENDS



What started as a community food drive this fall grew as additional support was garnered for people living in the coastal areas affected by the oil spill. On Saturday, November 20th, Second Harvest staff helped distribute 105 Thanksgiving dinners at First Baptist Church of Eastpoint. With a refrigerated truck loaded with frozen turkeys and side items, assorted fresh produce and extra dairy foods, participants at the local food pantry were given a special Thanksgiving treat for the holidays.

The first person in line, Anita, expressed her gratitude for the Thanksgiving distribution. "If it wasn't for today – for this church and Second Harvest – a lot of people wouldn't be able to feed themselves in their home, with their families. Everyone wants to be able to have Thanksgiving dinner, and it's so much nicer to have that meal at home."

Another recipient, Kathy, explained the situation in the community. "Sometimes the oystermen only make enough for the light bill, especially now

because the orders for oysters are down. If it wasn't for this church, most people here wouldn't have a Thanksgiving."

First Baptist Church of Eastpoint distributes every week through their food pantry. Additional Thanksgiving dinners were distributed through Second Harvest's partner agencies in Franklin and Gulf Counties:

- **Franklin's Promise Coalition**
- **Carrabelle Food Pantry**
- **Capital Area Community Action Agency**
- **Wewahitchka Search and Rescue**
- **People Helping People**

"Food For Our Coastal Friends" started as a local food drive in response to the oil spill, and resulted in 3,300 pounds of donated food collected at The Agency for Workforce Innovation, Gentiva, Goodwill Industries, Gulf Winds Track Club, The Social Security Administration, Super-Lube, and WTXL.

In November, Boar's Head donated \$25,000 for the coastal areas affected by the oil spill, half of which went to America's Second Harvest of the Big Bend for Franklin and Gulf Counties. This allowed for the purchase and distribution of turkeys to more than 900 families.

Additional funding from the Blue Foundation for the coastal areas that were affected by the freeze earlier this year, helped us purchase holiday side items. Unfortunately, this is the same area that has been impacted by the oil spill. The partner agencies in Franklin and Gulf counties feed an average of 1,600 people a month, although they anticipated the need to be greater this Thanksgiving season.



Empty Bowl Banquet	2
Message From Cheryl	2
Food Drives	3
Capital City Countdown	4
Why I...	4
Upcoming Events	4



United Way of the Big Bend



United Way of Northwest Florida

Help Boar's Head Give More!

For each new person who "Likes" Boar's Head on Face book, Boar's Head will automatically donate an additional dollar to our efforts to help the Coastal Areas. Follow the link <http://www.facebook.com/#1/BoarsHead?app=110413698996174> to become a fan of Boar's Head and help feed hungry families.



BOARD OF DIRECTORS

PEGGY CLABORN
President

MIAISHA MITCHELL
Vice President

TOLGA DINCAMAN
Secretary

MALINI RAM MORAGHAN
Treasurer

DANA BROOKS

BOB CONNORS

SAM FRAZIER

STEPHEN C. JORDAN

CINDI MARSIGLIO

ROBERT P. MEINHARDT

OMURHU U. ONOKPISE

JEFF SAMMONS

CALVIN C. SHERMAN

If you would prefer to receive this publication in an electronic format, please email Stephanie skilham@fightinghunger.org

BEFORE RECYCLING THIS PUBLICATION, PLEASE PASS IT ON TO A FRIEND.

5TH ANNUAL EMPTY BOWL BANQUET



On October 23, Second Harvest held our Empty Bowl Banquet, which featured scrumptious soups and tasty breads donated by several local restaurants. Also on display were handcrafted bowls donated by local artists & schools. Florida High, Florida State University, Hartsfield Elementary, Killlearn Lakes Elementary, and

The Senior Center all contributed bowls to illustrate the growing number of children who go to bed hungry.

Target and Wachovia Bank were our sponsors for the event, which took place at Kleman Plaza with Shonda Knight as the Mistress of Ceremony followed by entertainment from the Jett Blue Band. Thanks to all who came out or supported this event!



MESSAGE FROM CHERYL PHOENIX, EXECUTIVE DIRECTOR

Every year at this time, we are overwhelmed with gratitude by the community support to help feed our neighbors in need, and this year has been no exception. Not only do we have a record number of community food drives being sponsored, but the corporate, business and individual support financially helps us provide more food - and more nutritious foods - to our partner agencies throughout the Big Bend.

Unfortunately, there continues to be a hidden epidemic of need experienced by almost one-fifth of the population of this community that we love. New information released this fall confirms that the number of people in need continues to grow, and that our ten-county area ranks above national and state averages on the percentage of people who are living in poverty and

who are food insecure.

According to the U.S. Census Bureau, 43.6 million people - 14.3% - were living in poverty in our country in 2009. In our service area of the Big Bend, over 18% of the residents, 108,067 people, are living in poverty, 43% of whom live in Leon County (46,763). USDA estimates that there are 50.2 million (16.6%) Americans living in food insecure households, meaning some time in the past year they did not have money or access to resources for food. In the Big Bend, 18.6% of our population is also food insecure.

I share this so that you may know how very, very important your support is in the fight against hunger. We continue to need your donations of funds, food, and time, so that together we can continue to address

the on-going needs of our community. For every \$1 you donate, we can distribute enough food for four meals. In addition to holding a food drive, there are many ways to volunteer and stay involved throughout the year. For more information, please see our website at www.fightinghunger.org.

Food is such a basic need, and our country has so much abundance - even in this recession - that no one should go hungry. I thank you for everything you have done to combat hunger this year, and hope that by giving to others, your spirit was lifted as well.

We have many things to be thankful for; may our gratitude also strengthen our resolve to continue to do everything we can to make sure no one in our community is hungry.

FOOD DRIVE – WEIGHT WATCHERS

For a six week period in September and October, across the country, Weight Watchers members participated in the Lose for Good Campaign – to help feed children and families by losing weight and donating food and funds to hunger relief organizations.

Members of the Tallahassee Weight Watchers Center lost 3,543 pounds in six weeks! Weight Watchers International donated \$1.00 per pound lost across the country to a national food organization and an international organization and locally, Tallahassee members were encouraged to donate one pound of food for each pound they lost.

On Monday, November 1, ASHBB staff and volunteers picked up the 1,642 pounds of food that the local members donated! This will help ensure that more than 1,260 meals are provided to local families in need.

Joan Tweedie, with The Tallahassee Weight Watchers Center, told us – “I have headed up the Lose For Good Campaign at the Tallahassee Center for the past 3 years, because it impacts so many people on multiple levels. We encouraged our members to lose for themselves, and make life better for others. This was a wonderful opportunity to make personal self improvement and to help to make the world a better place. Our Weight Watchers members have been wonderful about making this outreach a success, while making positive changes for themselves.”

Thank you, Weight Watchers, and congratulations to your members on their outstanding achievement!



FEDERAL EMPLOYEES IN THE BIG BEND DONATED OVER 1,000

POUNDS OF FOOD!

This month Big Bend federal employees, through the Big Bend Combined Federal Campaign (CFC), collected and donated 1,000+ pounds of food to ASHBB, which will help us provide more than 769 meals to our hungry neighbors! The food was collected through the Big Bend CFC's second annual canned food drive, “iCare.”

The mission of the CFC is to promote and support philanthropy through a program that is employee focused, cost-efficient, and effective in providing all federal employees the opportunity to improve the quality of life for all. It is the world's largest and most successful annual workplace giving campaign.

Federal employees from the following local offices participated in the “iCare” food drive

– The Department of Health and Human Services, U.S. Courts and Department of Justice Related Agencies, The Social Security Administration, NOAA (The National Oceanic and Atmospheric Administration), The U.S. Forest Service, Community Health Charities, EarthShare, and employees at several U.S. Post Offices.

Last year, the campaign food drive collected 650 pounds of food. Federal employees in the Big Bend have gone above and beyond this year to help feed hungry families in need. Perry Laycock, with the Social Security Administration, had this to say - “I really am proud to say that federal employees step up and give a lot more than just their money or their time.” Thank you, Big Bend CFC coordinators and employees!

Thank you to all of our 2010 food drive sponsors!

America's Second Harvest of the Big Bend
110 Four Points Way
Tallahassee, FL 32305
Phone: 850-562-3033
Fax: 850-562-6176

NONPROFIT ORG
US POSTAGE PAID
TALLAHASSEE, FL
PERMIT NO. 452

RETURN SERVICE REQUESTED

We're on the Web!
www.FightingHunger.org

4th Annual Capital City Countdown New Year's Eve Celebration

Friday, December 31, 2010

8:00 pm - 12:30 am

Kleman Plaza

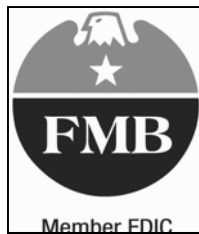
VIP Party

\$75 Per Person

Open Bar, Live Band,

Fireworks and more!

Why I... Coordinate an Annual Food Drive



**Farmers &
Merchants
Bank**

UPCOMING EVENTS

December 4th	Blanket and Food Drive at The Tallahassee Democrat
December 4th - 5th	Alternative Christmas Market at John Wesley United Methodist Church
December 10th - 11th	Alternative Christmas Market at Christ Presbyterian Church
December 31st	Capital City Countdown New Year's Eve Celebration at Kleman Plaza



FREE
Party on the
Plaza!

It has been an FMB tradition that as we approach the holiday season, we make special efforts to remember those who are less fortunate. One of the many efforts FMB proudly participates in every year is serving as food drop off locations for America's Second Harvest of the Big Bend. During the month of October, our Tallahassee and Monticello offices collected non-perishable foods, such as peanut butter, canned vegetables and fruits, canned soups, rice, pasta and much more. We are proud to report that with the help of our employees and customers we collected over **1,000** pounds of non perishable foods this year!

Thank you, America's Second Harvest of the Big Bend, for this important service to our community.

Farmers and Merchants Bank is a FDIC Insured Financial Institution.